

# Menu – Week one

	Breakfast	Snack	Lunch	Snack	Tea
Monday	T O A S T  C E R E A L S  F R U I T	Fruit Salad Apple, Pear & Orange Water/Milk	Pasta Bolognese and vegetables Apple Flapjack Water	Breadsticks & Cheese Water/Milk	Tomato Soup and bread rolls Swiss Roll water
Tuesday		Grapes & Apples Water/Milk	Sweet and sour chicken and noodles Prawn Crackers Lemon Cake Water	Banana Chunks Water/Milk	Burger & Beans Orange & Pear Water
Wednesday		Melon & Grapes Water/Milk	Sausages, sweet Potato Mash, Veg & gravy Rice Pudding & Jam Water	Crackers & Cheese spread Water/Milk	Tomato & Herb Pasta Veg Yoghurts Water
Thursday		Rice cakes & Banana Water/Milk	Macaroni Cheese Green Vegetables Mixed fruit Water	Turkey & Cucumber Sandwiches Water/Milk	Jacket Potato with tuna & sweetcorn Ice-cream Water
Friday		Peaches & Grapes Water/Milk	Roast Dinner, Mash, Yorkshire Pudding & Veg with Gravy Ice cream Water	Cucumber & Apple Slices Water/Milk	Spaghetti Hoops on Toast Jelly Water

## Menu – Week two

	Breakfast	Snack	Lunch	Snack	Tea
Monday	T O A S T  C E R E A L S  F R U I T	Melon & Apple Water/Milk	Shepherd's Pie Mixed Veg Yoghurt Water	Digestive Biscuits Water/Milk	Cheesy Pasta Banana water
Tuesday		Pineapple & Raspberries Water/Milk	Salmon & Broccoli Pie Minted New potatoes Sweetcorn Fruit Salad Water	Fruit Scones with Butter & Jam Water/Milk	Beans on Toast Yoghurt Water
Wednesday		Cucumber, Grapes & Natural Yoghurt Dip Water/Milk	Chicken Curry with Rice and Naan Bread Shortbread Biscuits Water	Breadsticks & Cheese Water/Milk	Homemade Pizza Apple & Pear Water
Thursday		Orange & Pear Water/Milk	Toad in the Hole Potatoes, Veg & Gravy Ice-cream Water	Peach & Apple Water/Milk	Vegetable Soup Bread Roll Jelly Water
Friday		Melon & Cheese Water/Milk	Pasta Bolognese Veg & Garlic bread Rice Pudding Water	Tomato & Ham Sandwiches Water/Milk	Fish fingers with Peas and Jacket Potato Mixed Fruit Water